



17,467

# Hunt County, Texas Proclamation for Mental Illness Awareness Month

*Whereas*, mental health is part of overall health; and,

*Whereas*, one in five adults experiences a mental health problem in any given year; and,

*Whereas*, approximately one-half of chronic mental illness begins by the age of 14 and three-quarters by age 24; and,

*Whereas*, suicide is the 10th leading cause of death in the United States and the 2nd leading cause among young adults, and 90% of people who die by suicide had shown symptoms of a mental health condition, according to interviews with family, friends and medical professionals; and,

*Whereas*, long delays—sometimes decades—often occur between the time symptoms first appear and when individuals get help; and,

*Whereas*, early identification and treatment can make a difference in successful management of mental illness and recovery; and,

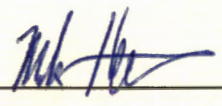
*Whereas*, it is important to maintain mental health and learn the symptoms of mental illness in order to get help when it is needed; and,

*Whereas*, every citizen and community can make a difference in helping end the silence and stigma that for too long has surrounded mental illness and discouraged people from getting help; and,

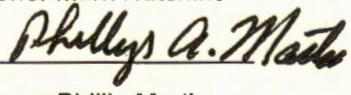
*Whereas*, public education and civic activities can encourage mental health and help improve the lives of individuals and families affected by mental illness.

**NOW, THEREFORE, BE IT PROCLAIMED** that May 2022, be declared Mental Illness Awareness Month in Hunt County, Texas, to shine a light on mental illness and fight stigma, provide support, educate the public and advocate for equal care.

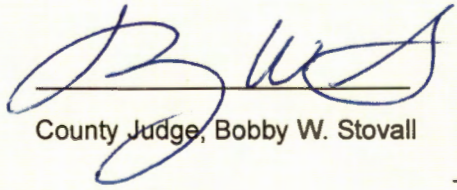
In official witness whereof this 17th day of May, 2022

  
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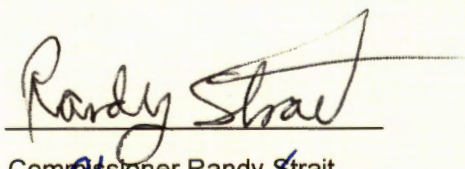
Commissioner Mark Hutchins

  
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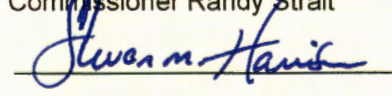
Commissioner Phillip Martin

  
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County Judge, Bobby W. Stovall

  
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Commissioner Randy Strait

  
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Commissioner Steven Harrison

Attested by:   
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County Clerk Becky Landrum